

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

September 2022

The Journey Club

						
<p>1:30 Bingo (AR) 4 2:30 Rummikub (2FL) 3:00 Current Events (VC-L)</p>	<p>9:30 Morning Stretch (AR) 5 2:00 Bridge (2FL) 2:00 Cribbage (Alvin's) 3:15 TedTalk with MaKayla (T) 7:00 Yoga with Ashley (AR)</p> <p>Labor Day</p>	<p>9:30 Weights Exercise (AR) 6 1:30 Piano with Shirley (Alvin's) 1:30 Outing: Granary Road (RSVP - \$\$) 2:30 Courtyard Games</p>	<p>9:30 Zumba (AR) 7 1:30 Art Class 2:00 Tai Chi with Otto 2:30 Happy Hour (DR) 3:00 Bible Study (T) 7:00 Movie Night: Encanto (T)</p>	<p>9:30 Fitness with Faith (AR) 8 11:00 Walking Club 1:30 Pottery Class (A&C) 1:30 Lecture with Dr. Stephane (T) 2:30 Entertainment: Walking on Sunshine (Courtyard) 2:30 Rummikub (2FL)</p>	<p>9:30 Legs & Balance (AR) 9 1:00 Knitting Club (L) 1:30 Sing-A-Long with Wendy (T) 2:00 Seated Tai Chi (AR) 2:30 Happy Hour (DR)</p>	<p>10:30 Pickleball Lessons (G) 10 2:30 Series Matinee: The Old Man Season 1 Eps 4 (T) 4:00 News Network (AR)</p>
<p>Westman Village Show & Shine 10am - 2pm 11 1:30 Bingo (AR) 2:30 Rummikub (2FL) 3:00 Current Events (VC-L)</p> <p>Grandparents Day</p>	<p>9:30 Morning Stretch (AR) 12 1:30 Shopping Trip (RSVP) 2:00 Bridge (2FL) 2:00 Cribbage (Alvin's) 3:15 TedTalk with MaKayla (T) 7:00 Yoga with Ashley (AR)</p>	<p>9:00 Outing: Lake Louise (RSVP) 13 9:30 Weights Exercise (AR) 1:30 Piano with Shirley (Alvin's) 2:30 Courtyard Games</p>	<p>9:30 Zumba (AR) 14 1:30 Art Class 2:00 Tai Chi with Otto 2:30 Happy Hour (DR) 3:00 Bible Study (T) 7:00 Movie Night: Elvis (T)</p>	<p>9:30 Fitness with Faith (AR) 15 10:30 Craft Corner: Stained Glass (RSVP) 11:00 Walking Club 1:30 Ladies Social: Cocktail Hour (RSVP -DK) 2:30 Rummikub (2FL)</p>	<p>Journey Club Gatsby Anniversary Party 5-8pm (Gymnasium) 16</p>	<p>1:30-3:30 Entertainment: Silence in B'tween (Courtyard) 17</p> <p>Oktoberfest Begins</p>
<p>1:30 Bingo (AR) 18 2:30 Rummikub (2FL) 3:00 Current Events (VC-L)</p>	<p>9:30 Morning Stretch (AR) 19 2:00 Bridge (2FL) 2:00 Cribbage (Alvin's) 3:15 TedTalk with MaKayla (T) 7:00 Yoga with Ashley (AR)</p>	<p>9:30 Weights Exercise (AR) 20 12:00 Men's Club: Billiards Tournament (RSVP) 1:30 Piano with Shirley (Alvin's) 2:30 Courtyard Games</p>	<p>9:30 Zumba (AR) 21 1:30 Art Class 2:00 Tai Chi with Otto 2:30 Oktoberfest Happy Hour & Entertainment (DR) 3:00 Bible Study (T) 7:00 Movie Night: Everything Everywhere All at Once (T)</p> <p>Autumn Begins</p>	<p>9:30 Fitness with Faith (AR) 22 10:30 Craft Corner: 11:00 Walking Club 1:30 Lecture with Dr. Stephane (T) 2:30 Rummikub (2FL)</p>	<p>9:30 Legs & Balance (AR) 23 1:00 Knitting Club (L) 1:30 Sing-A-Long with Wendy (T) 2:00 Seated Tai Chi (AR) 2:30 Happy Hour (DR)</p>	<p>10:30 Pickleball Lessons (G) 24 2:30 Series Matinee: The Old Man Season 1 Eps 6 (T) 4:00 News Network (AR)</p>
<p>1:30 Bingo (AR) 25 2:30 Rummikub (2FL) 3:00 Current Events (VC-L)</p> <p>Rosh Hashanah Begins</p>	<p>9:30 Morning Stretch (AR) 26 11:00 Crib Tournament (RSVP) 1:30 Shopping Trip (RSVP) 2:00 Bridge (2FL) 2:00 Cribbage (Alvin's) 3:15 TedTalk with MaKayla (T) 7:00 Yoga with Ashley (AR)</p>	<p>9:30 Weights Exercise (AR) 27 1:30 Piano with Shirley (Alvin's) 1:30 Outing: High River Museum (RSVP) 2:30 Food Council Meeting (DR)</p>	<p>9:30 Zumba (AR) 28 1:30 Art Class 2:00 Tai Chi with Otto 2:30 Happy Hour (DR) 3:00 Bible Study (T) 7:00 Movie Night: Marcel the Shell with Shoes On (T)</p>	<p>9:30 Fitness with Faith (AR) 29 10:30 Craft Corner: 11:00 Walking Club 1:30 Lecture with Dr. Stephane (T) 2:30 Rummikub (2FL)</p>	<p>9:30 Legs & Balance (AR) 30 1:00 Knitting Club (L) 2:00 Seated Tai Chi (AR) 2:30 Happy Hour (DR)</p>	